Pool Slide Use and Swim Test Policy

*2025*

At the Norwood Swim Club, the health and safety of our members, guests, and staff are our top priorities. The following Pool Slide and Swim Test Policy guides our decision-making in the use of the Pool Slide and deep end of the pool.

* To use the pool slide and/or swim in the deep end of the pool swimmers must have passed the swim test
* The swim test will be administered by the lifeguard(s) on duty
* Passage of the swim test and use of the pool slide are at the lifeguard(s) on duty sole discretion.
* The swim test shall consist of the following elements:
  + 25 yard swim (one length of the pool) without assistance
  + Treading water for 30 seconds without assistance